

Perks Baked Goods

	(each)	(6)
Cinnamon Deluxe	2.05	8.99
Cinnamon Apple	2.49	9.99
Squares / Brownies	1.75	9.00
Butter Tart / Almond Tart	1.75	9.50
Pecan Pie	4.25	16.99
Plain Croissant	1.89	9.50
Almond or Choc Croissant	2.99	15.99
Oat Cake	1.75	9.00
Choc or Peanut Butter Oat Cake	2.25	12.00

Perks Baked Goods

	(each)	(6)
Muffins	1.60	8.00
Cookies	.99	4.99
Plain Biscuit	.79	3.40
Scones	1.89	9.99
Bagels	1.39	5.75

Cakes

Mini Cake	4.75
Holiday Cake	11.95
Whole Specialty Cake	45.00
(Available by order only)	

Breakfast

(Available until 11 AM)

Breakfast Biscuit			2.99
Egg & Cheese on a Biscuit			3.15
Egg, Ham & Cheese on a Biscuit			3.55
2 Egg Omelette	Veggie 5.99	Ham & Cheese 6.50	
Western Sandwich	4.39	Eastern 5.50	
2 Eggs, Ham or Bacon, 1 Toast			5.85
Toast (2 Slices)			1.75
Bagel			1.39
Fruit Cup 3.25		Fieldberry Yogurt 3.30	
Cream Cheese			.85
Jam, Honey, Peanut Butter			.25

Breakfast

Breakfast Biscuit			2.99
Toast			1.75
Bagel			1.39
Fruit Cup	3.25	Fieldberry Yogurt	3.30
Cream Cheese			.85
Jam, Honey, Peanut Butter			.25

Lunch

Sandwiches	4.55 - 5.90	• White or WW Bread	
Soup of the Day	4.55		
Pasta Salad	3.70	Quiche	4.99

Hot Beverages

	Sm	Med	Lg
Coffee	1.59	1.77	2.03
House Blend Tea	1.42	1.50	1.59
Specialty Herbal Tea	1.55	1.64	1.73
Hot Chocolate	2.35	2.85	3.40
French Vanilla / Coffee Crisp	2.35	2.85	3.40
Apple Cider	2.70	2.99	3.50

Coffee by the Pound

French Roast / Decaf / Pirate's Brew / Fair Trade Organic		11.55/lb.
Coastal Pride	3 bags 6.25	Can 7.50
Flavored Coffee	3 bags 6.25	

Cold Beverages

	Sm	Med	Lg
White Milk	1.45	1.85	2.05
Chocolate Milk	1.65	2.05	2.30
Lacteeze / Soy	1.90	2.10	2.30
Bottled Water	1.90		
Bottled Ice Tea	1.95		
Bottled Juice	1.95		
Bottled Pop	1.95		
(Coke, Diet Coke, Sprite, Root Beer)			

Specialty Drinks

Espresso	single 1.90	Add a shot .65	
	Sm	Med	Lg
Café Americano	1.90	2.55	3.20
Café Latté		3.75	4.15
Cappuccino		3.75	4.15
Steamer		3.45	3.99
Chai Latté		3.90	4.45
Caramallow		4.45	4.90
Mochaccino		4.00	4.45

Flavor your specialty drink .65

Vanilla / Sugar Free Vanilla / Caramel / Hazelnut / Irish Cream

Add Whipped Cream .65

Lunch

Sandwiches	4.55 - 5.90	• White or WW Bread
Soup of the Day	4.55	
Pasta Salad	3.70	
Quiche	4.99	
Eastern Sandwich	5.50	
Garden Salad	5.49	
Caesar Salad	6.25	
Chicken Caesar Salad	7.45	
Chicken Caesar Wrap	7.25	
Turkey Caesar Wrap	7.25	
Soup of the Day with Half Sandwich	7.99	

Cold Beverages

	Sm	Med	Lg
White Milk	1.45	1.85	2.05
Chocolate Milk	1.65	2.05	2.30
Lacteeze / Soy	1.90	2.10	2.30
Bottled Water	1.90		
Bottled Ice Tea	1.95		
Bottled Pop / Juice	1.95		
Fruit Smoothies		4.50	4.80
Mango Mania / Strawberry Banana / Antiox APB / Strawberry Bomb / Wildberry Blast			
Italian Sodas		2.69	2.89
Italian Freeze		2.69	2.89
Strawberry / Raspberry / Blackberry / Mango / Lime			

Cold Specialty Drinks

	Med	Lg
Fruit Smoothies	4.50	4.80
Mango Mania / Strawberry Banana / Antiox APB Strawberry Bomb / Wildberry Blast		

	Med	Lg
Italian Sodas	2.69	2.89
Italian Freeze	2.69	2.89
Strawberry / Raspberry / Blackberry / Mango / Lime		