

# Perks Baked Goods

	(each)	(6)
Cinnamon Deluxe	2.05	8.99
Cinnamon Apple	2.49	9.99
Squares / Brownies	1.75	9.00
Butter Tart / Almond Tart	1.79	9.50
Pecan Pie	4.25	16.99
Plain Croissant	1.89	9.50
Almond or Choc Croissant	2.99	15.99
Oat Cake	1.75	9.00
Choc or Peanut Butter Oat Cake	2.25	12.00
Super Natural Brownie	3.25	

# Perks Baked Goods

	(each)	(6)
Muffins	1.60	8.00
Cookies	.99	4.99
Plain Biscuit	.79	3.40
Scones	1.89	9.99
Bagels	1.39	5.75
Add Cream Cheese	.85	

## Cakes

Mini Cake / Slice	4.75
Holiday Cake	11.95
Half Specialty Cake (Available by order only)	27.00
Whole Specialty Cake (Available by order only)	45.00

# Breakfast

Available until 2 PM

Breakfast Biscuit	2.99
Egg & Cheese on a Biscuit	3.15
Egg, Ham & Cheese on a Biscuit	3.55
2 Egg Omelette (With one toast)	Veggie 5.99 Ham & Cheese 6.50
Western Sandwich	4.39
Eastern Sandwich	5.50
2 Eggs, Bacon, Ham, or Sausage (With one toast)	5.85
Toast (2 Slices)	1.75
Bagel	1.39
Fruit Cup	3.25
Field berries & Yogurt	3.30
Cream Cheese	.85
Jam, Honey, Peanut Butter	.25

# Sandwiches

White or Whole Wheat Bread

Turkey	5.35	Tuna	5.35
Roast Beef	5.90	Egg	4.55
Ham & Cheese	5.75	Veggie	4.99
Grilled Cheese	4.55	BLT	4.55
Grilled Chicken Breast	5.95		

# Wraps

(White or Whole Wheat)

Chicken Caesar	7.25		
Turkey Caesar	7.25		
Grilled Veggie	5.95		
Quiche	4.99	Lasagna	6.25
Add a side: Garden or Caesar			3.05

# Hot Beverages

	Sm	Med	Lg
Coffee	1.59	1.77	2.03
(Coastal Pride, French, Fair Trade Organic, Decaf or Flavored)			
House Blend Tea	1.42	1.50	1.59
Specialty / Herbal Tea	1.55	1.64	1.73
Hot Chocolate	2.35	2.85	3.40
French Vanilla	2.35	2.85	3.40
Coffee Crisp	2.35	2.85	3.40
Apple Cider	2.70	2.99	3.50

## Coffee by the Pound

French Roast / Flavored / Pirate's Brew		11.55/lb.		
Perks House Blend	3 bags	6.25	Can	7.50
Flavored Coffee	3 bags	6.25		

# Cold Beverages

	<b>Sm</b>	<b>Med</b>	<b>Lg</b>
White Milk	1.45	1.85	2.05
Chocolate Milk	1.65	2.05	2.30
Lacteeze / Soy	1.90	2.10	2.30
Bottled Water	1.90		
Bottled Ice Tea	1.95		
Bottled Juice	1.95		
Bottled Pop	1.95		
(Coke, Diet Coke, Sprite, Root Beer)			

# Soup

Soup of the Day

4.55

# Salad

	Sm	Lg
Garden Salad	3.99	5.49
Caesar Salad	4.99	6.25
Chicken Caesar Salad		7.45
Pasta Salad	3.70	
Garden Salad with Topping (Egg, Tuna, Ham, Turkey or Roast Beef)		7.59

# Lunch Combos

Soup of the Day  
Tea Biscuit  
Small Coffee or Tea  
5.99

Quiche  
Side Salad  
Small Coffee or Tea  
6.99

Soup of the Day  
1/2 Sandwich  
Small Coffee or Tea  
7.99

Chicken Caesar Salad  
Small Coffee or Tea  
8.75

Grilled Veggie Wrap  
Small Coffee or Tea  
6.99

# Specialty Drinks

Available Hot or Iced!

Espresso      **single 1.90**      **extra shot .65**

	<b>Sm</b>	<b>Med</b>	<b>Lg</b>
Café Americano	1.90	2.55	3.20
Café Latté		3.75	4.15
Cappuccino		3.75	4.15
Steamer		3.45	3.99
Mochaccino		4.00	4.45
Café Caramallow		4.45	4.90
Chai Latté		3.90	4.45

Add whipped cream    .65

Flavor your specialty drink    .65

Vanilla / Sugar Free Vanilla / Caramel / Hazelnut / Irish Cream

	<b>Med</b>	<b>Lg</b>
Fruit Smoothies	4.50	4.80

Mango Mania / Strawberry Banana / Antiox APB

Strawberry Bomb / Wildberry Blast

	<b>Med</b>	<b>Lg</b>
Italian Sodas	2.69	2.89
Italian Freeze	2.69	2.89

Strawberry / Raspberry / Blackberry / Mango / Lime